

Are You Ready To Be A Dad?

If You're Not Sure, Healthy Start Has the Solution...

BOOT CAMP FOR NEW DADS

Drawing for a **FREE** Car Seat!!

Babies don't come with directions. Join other expecting and veteran fathers as they discuss the challenges that babies raise. Discussions include:

- Parenting tips from diapering to burping
- How to keep your baby safe
- Supporting mom
- Surviving labor and delivery
- And much more!



Arnold Palmer Hospital
6:00—9:30 pm Room 1
92 West Miller St.

Florida Hospital East
6:00—9:30 pm 2nd Fl
7727 Lake Underhill Rd.

Woodhill Apartments
6:00—9:30 pm
7200 Woodhill Park Dr.

Health Central Hospital
6:00—9:30 pm
10000 West Central

Jan. 6 July 21
Feb. 3 Aug. 18
Mar. 17 Sept. 15
Apr. 21 Oct. 20
May ** Nov. 17
June 16 December*

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June 17 December*

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To register for this FREE workshop call
Luc Desir at 407-254-6836



