

Are You Ready To Be A Dad?

If You're Not Sure, Healthy Start Has the Solution...

BOOT CAMP FOR NEW DADS

Drawing for a **FREE** Car Seat!!

Babies don't come with directions. Join other expecting and veteran fathers as they discuss the challenges that babies raise. Discussions include:

- Parenting tips from diapering to burping
- How to keep your baby safe
- Supporting mom
- Surviving labor and delivery

And much more!

Monthly Classes Available

3 locations



To register for this free class call
407-254-6822

