

Congratulations!

You're About To Have A Baby

Let Healthy Start help make sure that your baby has the best start in life...A Healthy Start!!!

Frequently Asked Questions

What is Healthy Start?

- ◆ A local free program paid for by the Healthy Start Coalition to ensure your baby has a Healthy Start.
- ◆ Provides resource information and services such as:
breastfeeding support * parenting support and education *
counseling * and much more...

Who is eligible for Healthy Start services?

- ◆ *ALL* pregnant women regardless of income or type of insurance
- ◆ Services are voluntary
- ◆ All information shared is kept completely confidential.
- ◆ Only requirement is completion of the Healthy Start Risk Screen.

Why should I fill out the Healthy Start Risk Screen?

- ◆ Many women have risk factors that can lead to pre-term or low birth weight babies.
- ◆ When you complete the screen, these risk factors are identified.
- ◆ Healthy Start then can provide education and services to help reduce these risks that can lead to a poor pregnancy outcome. risk of a poor pregnancy outcome.
- ◆ **If you have any of these risk factors, you can receive these services *free*.**

For more information about the Healthy Start Program please call:

407-254-6822



Remember a healthy baby begins with you!!!