



QUICK REFERENCE

**QUESTIONS & CONCERNS ABOUT HEALTHY START
OR TO REQUEST MORE FORMS AND BROCHURES
CALL BETTINA THOMPSON 407-741-5246**

ENHANCED SERVICES

TO SCHEDULE CLASSES CALL... 407-254-6822

CHILDBIRTH

Free childbirth classes for parents preparing for childbirth.

BOOT CAMP FOR NEW DADS

Father-to-father, community-based workshop that inspires and equips men to confidently engaged with their infants, support their mates and personally navigate their transformation into dads.

INJURY PREVENTION

Car Safety Class

WIC & NUTRITION..... 407-836-2623

Nutrition Education and Counseling
breast-feeding Education & Support
Vouchers for Health Food.

BREASTFEEDING BASICS...407-836-2661

Breastfeeding support offered monthly for all pregnant & breastfeeding mothers.

IMMUNIZATIONS.....407-836-2600

Immunizations for children 0 to 18

HEALTH START CARE COORDINATION

Questions & Concerns About Patients Receiving Healthy Start Services in Orange County Call:

Healthy Start Coalition
475 W Story Rd
Ocoee, FL 34761
407-254-6822

MAILING OF PRENATAL SCREENING INSTRUMENTS

Submit Prenatal Screening Instruments to:

Healthy Start Coalition
475 W Story Rd
Ocoee, FL 34761

HEALTHY START COALITION

Linda Sutherland, Executive Director
Bettina Thompson, Community Liaison
600 Courtland Avenue, Suite 565
Orlando, FL 32804
407-741-5240