How to make your own baby wipes

Materials Needed:

1 roll of paper towels
2 cups of water
1 tablespoon of baby oil, coconut oil or olive oil
(depending on availability or preference)
1 tablespoon baby soap



Instructions:

1. Cut your roll of paper towels in half using a knife.

2. Place your water in a microwave-safe container. Microwave for 4 minutes.

3. Stir the baby oil and soap into the water and stir until combined.

4. Place the paper

towels into a plastic or glass container large enough to cover the paper towels. Pour the mixture over the paper towels.

5. Once the mixture

has set for a minute or two carefully pull out the cardboard roll in the center. Pull out the first paper towel in the middle of the roll and continue taking the wipes from the center of the roll.









www.healthystartbaby.org



