



**The Healthy Start Coalition of Orange County** is a nonprofit organization that was established by legislation in 1992 to decrease Florida's high infant mortality rate, low birth weight babies, and to improve health and developmental outcomes for all children. Orange County's Healthy Start Program offers evidence-based, education and support home-visiting (currently virtual) services, as well as community referrals to all pregnant women and infants up to age 3 in order to ensure healthy pregnancies and healthy babies.

### Healthy Start Funding

Department of Health  
\$1,293,714

Agency for Health Care  
Administration  
\$ 1,760,712

Leveraged Funds  
\$ 368,303

#### Healthy Start Coalition of Orange County

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### FAMILIES SERVED BY HEALTHY START

#### **Healthy Start mom, Erika, & a healthy baby Desiah**

(pictured above) Erika is a first-time mom who is a college graduate working full-time. She also has a good support system, but especially as a first-time mom, she wanted to participate in the Healthy Starts program to add to her support system and learn as much information as she could to be the best mom that she can be. She has developed a trusting relationship with her care coordinator and has appreciated being able to have someone she can talk to and ask any questions she may have about parenting and her baby as well as put time to focus on herself. She's received education and support on pregnancy, breastfeeding, infant safety and baby care to name a few. Both Erika and Desiah are thriving and are well on their way to a bright future.

***With COVID19, many families have been impacted, and many of the community needs will be coming to fruition in the months ahead. Healthy Start has been able to step up and help provide families with some basic needs, including diapers and wipes.***

#### Coalition Successes

- Virtual services
- **14,005** families served last year in all programs
- **69%** prenatal screening rates
- **99%** infant screening rates
- **1,677** new mothers screened for depression
- **1,031** (91%) babies screened for developmental delays
- **3%** administrative overhead expense (very low)
- Established new community partnerships
- Leveraged funds and donations

#### Coalition Challenges

- Meeting family needs during COVID 19
- Racial disparity in birth outcomes
- Loss of Medicaid coverage for new mothers six weeks after baby's birth.
- Substance abuse and mental health needs of families

## Outcomes in Our Community

Pregnancy and Young Child Profile, Orange County, Florida - 2019						
Indicator	Rate Type	Year(s)	County Quartile 1=most favorable 4=least favorable	County Number	County Rate	State Comparison
<b>Community Characteristics</b>						
Individuals 18 below poverty level	Percent	2014-18	3rd Quartile		22.5	21
Domestic violence offenses	Per 100,000 population	2016-18	3rd Quartile	25217	634.3	514.3
Population 5+ that speak English less than very well	Percent	2014-18	4th Quartile	170638	13.8	11.9
Births covered by emergency Medicaid	Percent of births	2016-18	3rd Quartile	760	1.5	2.8
<b>Birth Family Characteristics</b>						
Births to teen mothers ages 15-19	Per 1,000 females 15-19	2017-19	1st Quartile	1956	14.5	17.1
Repeat births to teen mothers ages 15-19	Percent of births 15-19	2017-19	2nd Quartile	292	14.9	14.8
Births to mothers >35	Per 1,000 females > 35	2017-19	4th Quartile	8153	7.8	5.1
Births to mothers 19 and over without high school education	Percent of births > 18	2017-19	1st Quartile	4471	9.1	10.3
<b>Pre-conception Health and Behaviors</b>						
Females >17 who are current smokers	Percent of females > 17	2016	1st Quartile		11.2	13.3
Females 18-64 with health insurance	Percent	2018	2nd Quartile		82.7	82
Births to Mothers with Healthy Weight	Percent	2017-19	4th Quartile	20374	44.2	43
<b>Pregnancy and Mother's Health Behaviors</b>						
Births to mothers who report smoking during pregnancy	Percent of births	2017-19	1st Quartile	812	1.6	4.4
Births with inter-pregnancy interval <18 months	Percent of births	2017-19	1st Quartile	7978	29.7	34.7
Births with 1st trimester prenatal care	Percent of births w/ known PNC status	2017-19	1st Quartile	32001	78.4	76.5
Births with late or no prenatal care	Percent of births w/ known PNC status	2017-19	2nd Quartile	2709	6.6	7.2
Births with adequate prenatal care (Kotelchuck index)	Percent of births w/ known PNC status	2017-19	4th Quartile	17536	53	70.6
Births to uninsured women ("self-pay" checked on birth certificate)	Percent of births	2017-19	4th Quartile	4580	9.1	6.1
Births covered by Medicaid	Percent of births	2016-18	1st Quartile	22441	44.6	48.5
C-section births	Percent of births	2017-19	3rd Quartile	17578	34.9	36.8
Mothers who initiate breastfeeding	Percent	2017-19	1st Quartile	46597	92.4	86.1
<b>Infants (Under 1)</b>						
Total births	Per 1,000 population	2019		16621	12	10.3
Births <2500 grams (low birth weight)	Percent of births	2017-19	2nd Quartile	4389	8.7	8.8
Births <37 weeks gestation (preterm)	Percent of births	2017-19	2nd Quartile	5270	10.5	10.4
Infants in foster care	Per 100,000 population < 1	2017-19	1st Quartile	236	472.5	780
<b>Fetal and Infant Deaths</b>						
Fetal deaths	Per 1,000 deliveries	2017-19	2nd Quartile	347	6.8	6.8
Neonatal deaths (<28 days)	Per 1,000 live births	2017-19	3rd Quartile	234	4.6	4.1
Post-Neonatal deaths (28-364 days)	Per 1,000 live births	2017-19	2nd Quartile	87	1.7	2
Infant deaths (0-364 days)	Per 1,000 live births	2017-19	2nd Quartile	321	6.4	6
White infant death	Per 1,000 live births	2017-19	1st Quartile	125	3.9	4.4
Black infant death	Per 1,000 live births	2017-19	3rd Quartile	162	12.5	11
Hispanic infant death	Per 1,000 live births	2017-19	2nd Quartile	85	4.6	5.1
Non-Hispanic infant death	Per 1,000 live births	2017-19	3rd Quartile	217	6.8	6.3
Deaths from SUID (sudden unexpected infant death)	Per 1,000 live births	2017-19	2nd Quartile	38	0.8	1
<b>Children Ages 1-5</b>						
Total population ages 1-5	Count	2019		85234		1157190
Two Year Old Children Fully Immunized: Basic Immunization Series	Percent of 2-yr olds	2018			78.2	84
<b>Death and Injuries Among Children Ages 1-5</b>						
Deaths ages 1-5	Per 100,000 Population	2017-19	2nd Quartile	53	21	24.4
Hospitalizations ages 1-5 for all non fatal unintentional injuries	Per 100,000 population 1-5	2016-18	1st Quartile	282	113.4	160.3
...Near drownings	Per 100,000 population 1-5	2016-18		7	2.8	7.1
...Traumatic brain injuries	Per 100,000 population 1-5	2016-18	2nd Quartile	47	18.9	29.1
ER visits for non-fatal unintentional poisonings ages 1-5	Per 100,000 population 1-5	2016-18	1st Quartile	703	282.8	356.8
Child passengers ages 1-5 injured or killed in motor vehicle crashes	Per 100,000 population 1-5	2015-17	3rd Quartile	1061	438.4	403.3
Overall cancer incidence rate ages 1-5	Per 100,000 population 1-5	2015-17	2nd Quartile	48	19.8	21.3

Source: Florida DOH CHARTS, Pregnancy and Young child Profile - 2019, accessed 8-20-20 <http://www.flhealthcharts.com/ChartsReports/rdPage.aspx?rdReport=ChartsProfiles.PregnancyandYoungChild>