



Safe Sleep Class: Reaching the First Birthday

Sudden infant death syndrome (SIDS) is an unexpected, unexplained death of an infant in the first year of life. Creating a safe sleep environment is one of the best ways to help protect your baby from SIDS.

Safe Sleep = Fewer Infant Deaths

Please join us to learn more in our **virtual class** and register in

www.healthystartorange.org

English Class — 6:00 - 7:30 pm

♦ July 6th, September 7th & November 1st

English Class — 1:00 - 2:30 pm

♦ August 2th, October 4th & December 6th



SCAN ME

