



W.I.S.E

WOMEN & INFANT SUPPORT EDUCATION

AGENDA

Week 1- September 30th

- Overview of W.I.S.E
 - Baby Basics
- Presented by Perla Acosta, B.A.S.S.**
- Baby Supplies
 - Learning your baby's cries/soothing
 - Diapering/Bathing
 - When to call the doctor

Week 2- October 7th

- Doula
- Presented by Jamilah Channel**
- Preparation for birth
 - Postpartum

Week 3- October 14th

- Mother-Infant Health During COVID-19
- Presented by Ambar De La Cruz, MPH**
- Transmission
 - Prevention measure
 - Keeping baby safe

Week 4- October 21st

- Benefits of Breastfeeding
- Presented by Nyteema Booker**
- Benefits for mother/baby
 - Positioning
 - Dads role
 - Breast pump and more

Week 5- October 28th

- Accidental Poison Prevention
- Presented by Jemima D. Desir Dougé, MD, MBA**
- Reducing the incidence of accidental poisonings
 - Prevention measure
 - Keeping baby safe

Week 6- November 4th

- Panel Review
- Survey
- Reflections
- Recognition/Certificate

